



Fearless Hearts Foundation
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*Welcome to the 1st issue, Volume 4, of **InfiniSynechis**, a publication of Fearless Hearts Foundation*

Foundation News & Updates

All Foundation News and Updates can be found on the foundation website

Conscious Living

No Beginning and No End : The Circle

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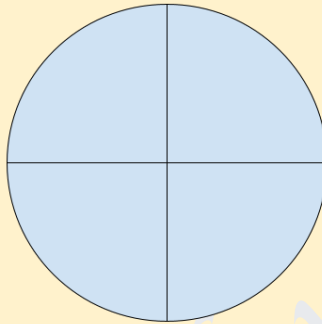
InfiniSynechis Volume 4, Issue 1 Jan 2024

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The circle is a series of points connected to each other, all equidistant from a common point called center or the point. It represents boundaries, thus we say inner and outer of the circle. Life is a circle.



The circle is a powerful and universal symbol that transcends cultures and religions. Due to its lack of beginning or end, it has been adopted by many faiths to represent various spiritual and religious concepts.

Symbolisms of the Circle

- **Eternity and Wholeness:** The circle's continuous form with no beginning or end makes it a natural symbol for eternity, infinity, and completeness. In Christianity, for example, circles are often used in halos to represent the everlasting light and holiness of God, angels, and saints.
- **Unity and Community:** A circle can also represent the interconnectedness and unity of all things. It can

symbolize a community coming together for a common purpose or belief. In many religious traditions, circular formations are used during rituals and ceremonies to create a sacred space and foster a sense of unity among participants.

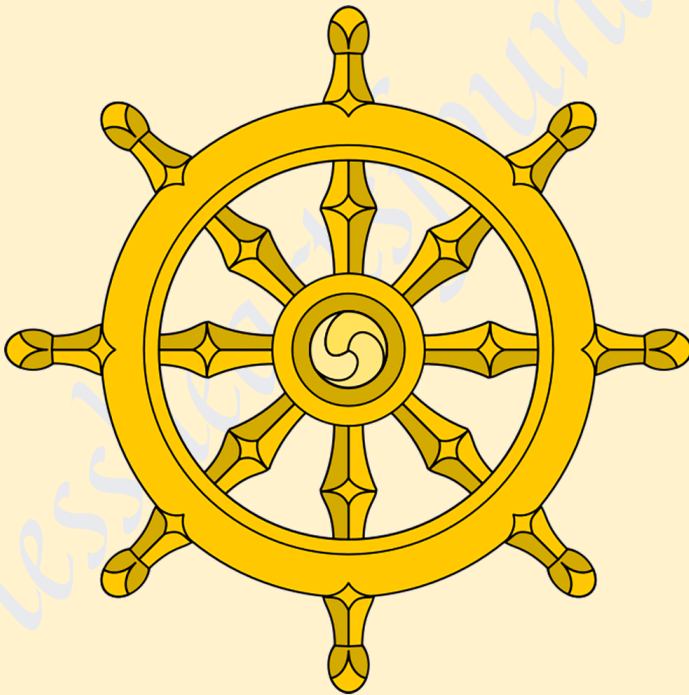
- **The Divine and the Cosmos:** Because of its association with perfection and wholeness, the circle is often used to represent the divine or the cosmos. For instance, the circular mandalas in Hinduism and Buddhism represent the universe and the journey towards enlightenment.

Some specific examples of how circles are used in different religions:

- **Christianity:** Circles appear in halos, the Eucharist (communion bread), and mandalas.
- **Islam:** The Kaaba, the holiest site in Islam, is a cubical structure draped in a cloth with embroidered circles.
- **Hinduism:** The circle is extensively used in mandalas, which are visual representations of the cosmos and used for meditation and prayer.
- **Buddhism:** Similar to Hinduism, mandalas are used extensively in Buddhism for meditation and spiritual practices.

- **Native American Religions:** Many Native American cultures use circles in their medicine wheels, which represent the cyclical nature of life, the seasons, and the universe.

The Dharma wheel pictured below represents the constant spinning: which in a sense is a cycle, a rhythm like the seasons, the revolution of the earth around the sun while it spins on its own axis, as well as life, death and rebirth.



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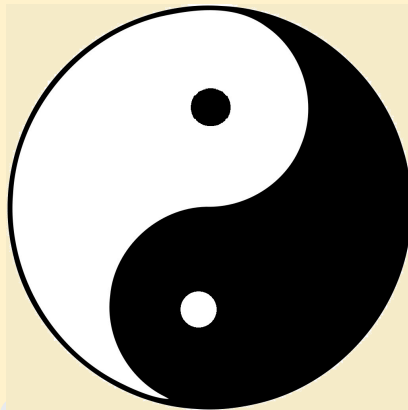
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Use in **Taoism**

In Taoism, which is man's search to be in harmony with nature, the symbol Yin and Yang is represented by the image below. It represents the dance of light and dark but more importantly the intertwining of phenomena.



The ensō is the symbol of supreme enlightenment when it is drawn as a complete circle. When drawn as an open circle, it symbolizes movement towards perfection.

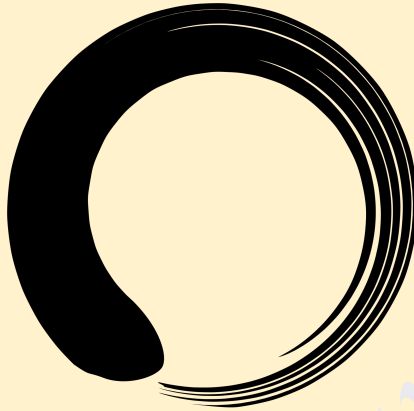
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Return to the center

Every human being begins at the center of the circle, then through conditioning he identifies with the periphery until after many cycles of birth, death and rebirth he completely forgets all about it. Man falls asleep.

The journey in this lifetime and maybe next is a journey towards the center of that invisible circle

References:

<https://www.lionsroar.com/what-is-an-enso/>

<https://en.wikipedia.org/wiki/>

<https://websites.umich.edu/~umfandsf/symbolismproject/symbolism.html/index.html>

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Philanthropy

Philanthropy

Widow Of Billionaire David Gottesman Donates \$1 Billion For Free Medical School Tuition

Business Insights*

We have created a dot com website dedicated to uplifting the human spirit, as well as educational materials related to business.
<https://fearlessheartsfoundation.com>

Fundamentals of Being in Business

Business Ideas: Adjusting to the Current Business Climate

Commentary

Fundraising Announcement

Fearless Hearts Foundation is a public charity and welcomes any donation. To donate click on the web link below

<https://fearlessheartsfoundation.org/donate>

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We welcome your feedback on this newsletter and if there are topics regarding conscious living, business insights or philanthropy that you would like to write about you are welcome to send it to us for a review. Please send your comments/feedback to us at fhfinusa@gmail.com

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